



## **FenVet Equine Reproduction - Boarded Mares** **CAER Price Guide**

*Boarded mares conditioning programs are designed specifically for short-term stays. Maintaining physical condition supports both reproductive performance and overall well-being.*

### **Part-Time Conditioning Program** **\$495/month**

#### ***Water Treadmill Exercise (2x/week)***

- ❖ Targeted focus of core, stifle engagement, hock flexibility
- ❖ Stamina, flexibility, endurance and improved range of motion

#### ***In Hand/Lunging (1x/week)***

- ❖ In hand exercises including cavaletti/pole work for proprioception, ROM
- ❖ Lunging & equi-band for dynamic stretching, core engagement
- ❖ Basic groundwork

#### ***Infrared Solarium***

- ❖ Pre/Post Workout Infrared Solarium session
- ❖ Aims to improve circulation, remove lactic acid, muscle relaxation, reduce stress and enhanced recovery

#### ***Stretching Program***

- ❖ Post Workout Stretching with targeted focus of low back, SI, Stifles, hind limbs, core engagement and thoracic mobility
- ❖ Use of Core Balance Pads 2x/week

## **Full Time Conditioning Program**

**\$950/month**

### ***Water Treadmill Exercise (3x/week)***

- ❖ Targeted focus of core, stifle engagement, hock flexibility
- ❖ Stamina, flexibility, endurance and improved range of motion

### ***In Hand/Lunging (2-3 x/week)***

- ❖ In hand exercises including cavaletti/pole work for proprioception, ROM
- ❖ Lunging & equi-band for dynamic stretching, core engagement
- ❖ Basic groundwork

### ***Infrared Solarium***

- ❖ Pre/Post Workout Infrared Solarium session
- ❖ Aims to improve circulation, remove lactic acid, muscle relaxation, reduce stress and enhanced recovery
- ❖

### ***Stretching Program***

- ❖ Post Workout Stretching with targeted focus of low back, SI, Stifles, hind limbs, core engagement and thoracic mobility
- ❖ Use of Core Balance Pads 2x/week

***\*\* Under Saddle Work can be discussed and incorporated into conditioning programs, please contact CAER for more information \*\****

## **Individual Sessions**

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### ***Water Treadmill Exercise (Introductory Session \$70, Single Session \$50)***

★ ***All horses are required to complete 1 introductory session***

- ❖ Targeted focus of core, stifle engagement, hock flexibility
- ❖ Stamina, flexibility, endurance and improved range of motion

### ***In Hand/Lunging (\$20 single session)***

- ❖ In hand exercises including cavaletti/pole work for proprioception, ROM
- ❖ Lunging & equi-band for dynamic stretching, core engagement
- ❖ Basic groundwork

### ***Infrared Solarium (\$15 single session, \$50 for 10 sessions)***

- ❖ Pre/Post Workout Infrared Solarium session
- ❖ Aims to improve circulation, remove lactic acid, muscle relaxation, reduce stress and enhanced recovery
- ❖

### ***Stretching Program (\$10 single session)***

- ❖ Stretching program with targeted focus of low back, SI, Stifles, hind limbs, core engagement and thoracic mobility
- ❖ Use of Core Balance Pads

***\*Please contact CAER for custom programs for the duration of your stay \****

## **Add On Options**

### ***Massage Therapy***

**\$110**

- ❖ Performed by CIEWBA Therapist, Solar Equine
- ❖ Supervised by C.A.E.R staff

### ***Weekly Hot Wash***

**Single Session \$30**

- ❖ Full bathe of limbs, body, mane, tail, application of post-bathe conditioning products
- ❖ Infrared solarium post-bathe

### ***Thermal Imaging***

**\$95/full body w/ report**

- ❖ Helps identify potential issues such as inflammation, muscle strain, or circulatory problems by visualizing heat patterns that indicate underlying conditions
- ❖ Allows early detection of ailments/injury

### ***Daily Grooming***

**\$5/day**

**\$50/month**

- ❖ Daily Grooming for duration of stay
- ❖ Sanitized grooming tools for each horse

### ***Red Light Therapy***

**\$75/session**

- ❖ Involves using specific wavelengths of light to promote healing and reduce inflammation in horses
- ❖ Benefits include accelerated tissue repair, improved circulation, pain relief, and enhanced recovery from injuries, alleviate muscle soreness

**Please Contact C.A.E.R for Booking Information**

(587)-777-5670

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